

11th Fragility Fracture Network Global Congress 2023



3-6 October 2023 ▪ Oslo, Norway

Tuesday October 3rd - Pre-congress day

Everyone Welcome! Across all disciplines, working together for patients. Program by FFN Special Interest Groups and the Pre-Congress Day Committee.

Register at: <http://ffn-oslo-2023.com/>

Program overview

09:30 Registration

10:00-12:30 Morning sessions (three parallel sessions)

I. Nurses' day celebrating the new Fragility Fracture and Orthogeriatric Nursing Book

II. Secondary fracture prevention symposium

III. Physiotherapy and Hip Fracture Recovery Research SIGs

12.30-13:30 Buffet Lunch

13:30-16:00 Joint afternoon session

Morning parallel sessions

Parallel 3: Physiotherapy and Hip Fracture Recovery Research SIGs

10:00 **Welcome**; *Local organizing committee Kristin Taraldsen, Marte Magnusson and Bård Bogen (PTs, Norway), Physiotherapy SIG chair Morten Tange Kristensen (PT, Denmark) and Hip Fracture Recovery Research SIG chair Jack Bell (Dietitian, Australia)*

10:10 **Advanced physio practice in fragility fracture management**; *Caitriona Cunningham (Ireland)*

10:30 **Digital mobility outcomes after hip fracture**; *Monika Engdahl (Norway)*

10:50 **Exercise interventions in the early phase after hip fracture**; *Monica Beckmann (Norway)*

11:30 **Rehabilitation for Life': continuous rehabilitation and care delivered in an empowerment orientated praxis after hip fracture**; *Jonas Ammundsen Ipsen and Lars T. Pedersen (Denmark)*

11:50 **State of the art ankle fracture management and rehabilitation**; *David Keene (UK)*

12:10 **Panel discussion**; *Moderator Kate Mangione (PT, US) (20 mins.)*

12:30 Lunch

Joint afternoon session

Nurses' day committee, Physiotherapy SIG, Hip Fracture Recovery Research SIG and Secondary Prevention Fragility Fracture SIG:

13.30 **Welcome**

13:35 **Nutrition, sarcopenia and frailty;** *Jack Bell (Dietitian, Australia)*

13:55 **The Caregiver Project: Clinical needs of caregivers and the impact on patient's management**
Maria Eduarda de Lima (RN) and Stefano Eleuteri (Health Psychologist) (Italy)

14.15 **Norwegian implementation of WHO falls guidelines;** *Maria Bjerck (PT, Norway)*

14:35 **Discussion**

15:05 **Break**

15:20 **Strategies to engage your patient in sustained fracture prevention;** *Robyn Speerin (RN, Australia)*

15:40 **How do hip fracture patients with delirium move?** *Sigurd Evensen (Geriatrician, Norway)*

16:00 Panel discussion