

# 11<sup>th</sup> Fragility Fracture Network Global Congress 2023



3-6 October 2023 ▪ Oslo, Norway

## Tuesday October 3rd - Pre-congress day

Everyone Welcome! Across all disciplines, working together for patients. Program by FFN Special Interest Groups and the Pre-Congress Day Committee.

Register at: <http://ffn-oslo-2023.com/>

### Program overview

09:30 Registration

10:00-12:30 Morning sessions (three parallel sessions)

I. Nurses' day celebrating the new Fragility Fracture and Orthogeriatric Nursing Book

II. Secondary fracture prevention symposium

III. Physiotherapy and Hip Fracture Recovery Research SIGs

12.30-13:30 Buffet Lunch

13:30-16:00 Joint afternoon session

## Morning parallel sessions

Parallel 1: Nurses' day celebrating the new Fragility Fracture and Orthogeriatric Nursing Book

10.00 **Welcome** *Local organizing committee; Alcinda Rudolph, Ingvild Hestnes, Denisa Velic, Ingrid Sjørdahl, Christine Ekrheim*

10.10 **Presentation of the new nursing book** *Julie Santy Tomlinson and Karen Hertz (RN, UK)*

10.30 **Orthogeriatric Care in the Emergency and Perioperative Setting** *Charlotte Myhre Jensen (RN, Denmark)*

10.50 **The nursing role in Orthogeriatrics; Comprehensive Geriatric Assessment (CGA)** *Julie Santy-Tomlinson (RN, UK)*

11.10 **Break**

11.30 **Wound treatment and Pressure Ulcers** *TBA*

11.50 **Discharge planning** *Mette Irene Martinsen (RN, Norway)*

12.10 **Panel discussion**

12:30 Lunch

## Joint afternoon session

Nurses' day committee, Physiotherapy SIG, Hip Fracture Recovery Research SIG and Secondary Prevention Fragility Fracture SIG:

13:30 **Welcome**

13:35 **Nutrition, sarcopenia and frailty;** *Jack Bell (Dietitian, Australia)*

13:55 **The Caregiver Project: Clinical needs of caregivers and the impact on patient's management**  
*Maria Eduarda de Lima (RN) and Stefano Eleuteri (Health Psychologist) (Italy)*

14:15 **Norwegian implementation of WHO falls guidelines;** *Maria Bjerck (PT, Norway)*

14:35 **Discussion**

15:05 **Break**

15:20 **Strategies to engage your patient in sustained fracture prevention;** *Robyn Speerin (RN, Australia)*

15:40 **How do hip fracture patients with delirium move?** *Sigurd Evensen (Geriatrician, Norway)*

16:00 Panel discussion