

11th Fragility Fracture Network Global Congress 2023



3-6 October 2023 ▪ Oslo, Norway

Tuesday October 3rd - Pre-congress day

Everyone Welcome! Across all disciplines, working together for patients. Program by FFN Special Interest Groups and the Pre-Congress Day Committee.

Register at: <http://ffn-oslo-2023.com/>

Program overview

09:30 Registration

10:00-12:30 Morning sessions (three parallel sessions)

I. Nurses' day celebrating the new Fragility Fracture and Orthogeriatric Nursing Book

II. Secondary fracture prevention symposium

III. Physiotherapy and Hip Fracture Recovery Research SIGs

12.30-13:30 Buffet Lunch

13:30-16:00 Joint afternoon session

Morning parallel sessions

Parallel 1: Nurses' day celebrating the new Fragility Fracture and Orthogeriatric Nursing Book

10.00 Welcome *Local organizing committee; Alcinda Rudolph, Ingvild Hestnes, Denisa Velic, Ingrid Sjørdahl, Christine Ekrheim*

10.10 Presentation of the new nursing book *Julie Santy Tomlinson and Karen Hertz (RN, UK)*

10.30 Orthogeriatric Care in the Emergency and Perioperative Setting *Charlotte Myhre Jensen (RN, Denmark)*

10.50 The nursing role in Orthogeriatrics; Comprehensive Geriatric Assessment (CGA) *Julie Santy-Tomlinson (RN, UK)*

11.10 Break

11.30 Wound treatment and Pressure Ulcers *TBA*

11.50 Discharge planning *Mette Irene Martinsen (RN, Norway)*

12.10 Panel discussion

Parallel 2: Secondary fracture prevention symposium

How to improve the quality of your secondary fracture prevention service

Examples from diverse parts of the world

Come share your unique experiences with others

Leave the symposium with an action plan for improving your secondary fracture prevention service

Continuing networking over lunch

Parallel 3: Physiotherapy and Hip Fracture Recovery Research SIGs

10:00 **Welcome**; *Local organizing committee Kristin Taraldsen, Marte Magnusson and Bård Bogen (PTs, Norway), Physiotherapy SIG chair Morten Tange Kristensen (PT, Denmark) and Hip Fracture Recovery Research SIG chair Jack Bell (Dietitian, Australia)*

10:10 **Advanced physio practice in fragility fracture management**; *Caitriona Cunningham (Ireland)*

10:30 **Digital mobility outcomes after hip fracture**; *Monika Engdahl (Norway)*

10:50 **Exercise interventions in the early phase after hip fracture**; *Monica Beckmann (Norway)*

11:30 **Rehabilitation for Life': continuous rehabilitation and care delivered in an empowerment orientated praxis after hip fracture**; *Jonas Ammundsen Ipsen and Lars T. Pedersen (Denmark)*

11:50 **State of the art ankle fracture management and rehabilitation**; *David Keene (UK)*

12:10 **Panel discussion**; *Moderator Kate Mangione (PT, US) (20 mins.)*

12:30 **Lunch**

Joint afternoon session

Nurses' day committee, Physiotherapy SIG, Hip Fracture Recovery Research SIG and Secondary Prevention Fragility Fracture SIG:

13.30 **Welcome**

13:35 **Nutrition, sarcopenia and frailty**; *Jack Bell (Dietitian, Australia)*

13:55 **The Caregiver Project: Clinical needs of caregivers and the impact on patient's management** *Maria Eduarda de Lima (RN) and Stefano Eleuteri (Health Psychologist) (Italy)*

14.15 **Norwegian implementation of WHO falls guidelines**; *Maria Bjerk (PT, Norway)*

14:35 **Discussion**

15:05 **Break**

15:20 **Strategies to engage your patient in sustained fracture prevention**; *Robyn Speerin (RN, Australia)*

15:40 **How do hip fracture patients with delirium move?** *Sigurd Evensen (Geriatrician, Norway)*

16:00 **Panel discussion**