

Pre-Congress Day October 3rd

09:00 Registration

10:00 Morning parallel sessions

1. Nurses' day celebrating the new Fragility Fracture and Orthogeriatric Nursing Book
2. Secondary fracture prevention symposium
3. Physiotherapy and Fragility Fracture Recovery Research SIGs
4. Hip Fracture Studyathon

11:10 Coffee break

- 11:30**
1. Nurses' day celebrating the new Fragility Fracture and Orthogeriatric Nursing Book (continued)
 2. Secondary fracture prevention symposium (continued)
 3. Physiotherapy and Fragility Fracture Recovery Research SIGs (continued)
 4. Hip Fracture Studyathon (continued)

12:30 Lunch

13:30 Joint afternoon session

- 13:30
4. Hip Fracture Studyathon (continued)

13:30 Welcome by Nurses' day committee; physiotherapy SIG, Hip Fracture Recovery Research SIG and Secondary Prevention Fragility Fracture SIG

13:35 Nutrition, sarcopenia and frailty
Jack Bell, Dietitian, AUS

13:55 The Caregiver Project; clinical needs of caregivers and the impact on patients management
Maria Eduarda de Lima, RN, and Stefano Eleuteri, Health Psychologist, Italy

14:15 Norwegian implementation of WHO falls guidelines
Maria Bjerck, PT, Norway

14:35 Discussion

15:05 Coffee break

15:20 **4.** Hip Fracture Studyathon (continued)

15:20 Strategies to engage your patient in sustained fracture prevention
Robyn Speerin, RN, Australia

15:40 How do hip fracture patients with delirium move?
Sigurd Evensen, Geriatrician, Norway

16:00 Panel discussion