

### Wednesday October 4<sup>th</sup>

**08:30 Opening ceremony and Welcome to the FFN Global Congress 2023**

*Lauren Beaupre, President*  
*Anette Høyen Ranhoff, Chair Scientific Committee*  
*Frede Frihagen, Chair Organising Committee*

**09:00 Plenary session 1  
Enlightening Fragility Fracture Care**

Latest evidence in hip fracture: Does it matter how we fix arthroplasty implants to the bone?

*Professor Matt Costa,*  
*Orthopaedic Surgeon, UK*

Goals of care for older hip fracture patients – understanding what matters

*Julie Switzer,*  
*Orthopaedic Surgeon, USA*

Getting FLSs started, effective and sustainable: International lessons

*Ass. Professor Kassim Javaid,*  
*Rheumatologist, UK*

**10:15 Morning coffee break**

**10:50 Interdisciplinary Workshops 1-4**

1. Challenges in implementing delirium detection, treatment and prevention in hip fracture patients across the whole patient journey  
*(Alasdair MacLulich)*
2. Zoledronate after hip fracture – defining and defeating the treatment gap  
*(Antony Johansen)*
3. Sex differences in the consequences of hip fracture and implications for multi-disciplinary orthogeriatric care  
*(Jay Magaziner)*
4. FFN Education Committee – workforce development  
*(Stefano Eleuteri)*

**12:20 Lunch**

- Lunch symposium: Nutrition (12:30-13:15) sponsored by Danone
- Visit sponsor booths

**13:20 Interdisciplinary Workshops 5-8**

5. Oral nutritional supplements in older people with fractures  
*(Jack Bell)*
6. Maximising the potential of local and national hip fracture audit  
*(Antony Johansen)*
7. FFN Regionalisation Committee – empowering National FFNs: Spreading orthogeriatric care to the grassroots  
*(Irewin Tabu)*
8. Quality improvement for hip fracture care: Lessons learnt from China  
*(Maoyi Tian)*

**14:50 Afternoon coffee break**

**15:20 Oral presentations 1-28**

Abstracts 1-7 **Acute care 1**  
Abstracts 8-14 **Acute care 2**  
Abstracts 15-21 **Policy**  
Abstracts 22-28 **Late Breaking News**

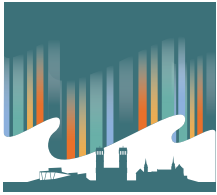
**16:15 Mini break**

**16:20 Interdisciplinary Workshops 9-12**

9. Finalising a consensus statement on the principles for management of hip fracture patients taking direct oral anticoagulants (DOACs)  
*(Hannah Seymour)*
10. All things considered: Decision-making – approaches in the surgical management of challenging fragility hip fracture patients  
*(Lynn McNicoll)*
11. Vertebral and sacral fragility fractures – optimising patient care  
*(Opinder Sahota)*
12. Fracture registers with focus on upper extremity fractures  
*(Bjarke Viberg)*

**18:30 Networking reception Oslo City Hall, hosted by the Mayor of Oslo**





### Thursday October 5th

#### 09:00 Interdisciplinary Workshops 13-16

13. Models of multidisciplinary hip fracture care: Interactive workshop drawing from the experience of centres in three countries (Scotland, Chile, and Italy)  
*(Alasdair MacLulich)*
14. Weight bearing orders following fragility fracture – is restricted weight bearing ever warranted?  
*(Katie Sheehan)*
15. What we know about mobility after hip fracture and what we need to know to improve it  
*(Kristin Taraldsen)*
16. Urinary problems in acute and subacute fragility fracture care  
*(Maria Nuotio)*

#### 10:30 Morning coffee break

#### 11:00 Oral presentations 29-70

- Abstracts 29-39 **Acute care 3**  
Abstracts 40-50 **Acute care 4**  
Abstracts 51-61 **Rehabilitation**  
Abstracts 62-72 **Secondary prevention**

#### 12:30 Lunch

- Lunch symposium: FAN: FLS Academy and Network in Practice (13:00-13:55) sponsored by UCB
- Visit sponsor booths
- Poster viewing; Poster Walk 1 (12:35-12:55)

#### 14:00 Plenary session 2 Acute Care

- Should all hip fracture patients have surgery?  
*Ass. Professor Cecilia Rogmark, Orthopaedic Surgeon, Sweden*
- Delirium – how to prevent, detect and treat  
*Professor Alasdair MacLulich, Geriatrician, UK*
- Effective nurse interventions in acute fracture care

*Peter van den Berg, Nurse Practitioner, The Netherlands*

The new FFN Fragility Fracture and Orthogeriatric Nursing Book

*Karen Herz and Julie Santy Tomlinson, Nurse practitioners, UK*

#### 15:30 Afternoon coffee break

#### 16:00 Plenary session 3 Rehabilitation and Nutrition

Hip fracture care – a Latin American perspective

*José Luis Dinamarca Montecinos, Geriatrician, Chile*

Nutritional interventions - food or supplements  
*Jack Bell, Dietician, Australia*

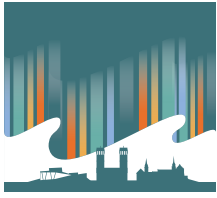
Rapid and intensive rehabilitation – is it possible?

*Professor Morten Tange Kristensen, Physiotherapist, Denmark*

#### 17:15 Best posters presentations

#### 19:30 Congress dinner Gamle Logen





## 11<sup>th</sup> Fragility Fracture Network Global Congress Oslo 2023

# Enlightening Fragility Fracture Care

## Program

### Friday October 6th

#### 08:00 General Assembly

08:55 Mini break

#### 09:00 Plenary session 4 Preventing New Fractures

Systematic secondary prevention of fragility fractures; results from the NoFRACT study  
*Lene B. Solberg, Orthopaedic Surgeon, Norway*

Secondary prevention – the Asia Pacific perspective  
*Joon-Kiong Lee, Orthopaedic Surgeon, Malaysia*

The 1st World Falls Guidelines 2022: falls and fractures are intertwined  
*Professor Nathalie van der Velde, Geriatrician, The Netherlands*

10:15 Coffe break

#### 10:35 Best oral presentations

Abstracts 73-78

11:30 Lunch

- Lunch symposium: Bone markers (11:40-12:10) sponsored by Roche Diagnostics
- Visit sponsor booths
- Poster viewing; Poster walk 2 (11:50-12.10)

#### 12:15 Plenary session 5 From Research to Practice

International hip fracture comparisons; results from the first EHDEN hip fracture studyathon  
*Professor Xavier Griffin, and Ms. Jenny Lane, Orthopaedic Surgeons, UK*

Health economy – getting value for money when delivering high quality care for fragility fracture patients  
*Professor Celia Gregson, Epidemiologist, and Professor Antony Johansen, Orthogeriatrician, UK*

Future care of fragility fracture patients in a global perspective

*Professor emeritus Dave Marsh, Orthopaedic Surgeon, UK*

#### 13:50 Closing ceremony

What will happen next year?

### Pre-Congress Day October 3<sup>rd</sup>

#### 09:00 Registration

#### 10:00 Morning parallel sessions

1. Nurses' day celebrating the new Fragility Fracture and Orthogeriatric Nursing Book
2. Secondary fracture prevention symposium
3. Physiotherapy and Fragility Fracture Recovery Research SIGs
4. Hip Fracture Studyathon

11:10 Coffee break

1. Nurses' day celebrating the new Fragility Fracture and Orthogeriatric Nursing Book (continued)
2. Secondary fracture prevention symposium (continued)
3. Physiotherapy and Fragility Fracture Recovery Research SIGs (continued)
4. Hip Fracture Studyathon (continued)

12:30 Lunch

#### 13:30 Joint afternoon session

4. Hip Fracture Studyathon (continued)

13:30 Welcome by Nurses' day committee; physiotherapy SIG, Hip Fracture Recovery Research SIG and Secondary Prevention Fragility Fracture SIG

13:35 Nutrition, sarcopenia and frailty  
*Jack Bell, Dietitian, AUS*

13:55 The Caregiver Project; clinical needs of caregivers and the impact on patients management  
*Maria Eduarda de Lima, RN, and Stefano Eleuteri, Health Psychologist, Italy*

14:15 Norwegian implementation of WHO falls guidelines  
*Maria Bjerck, PT, Norway*

14:35 Discussion

15:05 Coffee break

15:20 4. Hip Fracture Studyathon (continued)

15:20 Strategies to engage your patient in sustained fracture prevention  
*Robyn Speerin, RN, Australia*

15:40 How do hip fracture patients with delirium move?  
*Sigurd Evensen, Geriatrician, Norway*

#### 16:00 Panel discussion



For further details and more information see  
<http://ffn-oslo-2023.com/>